



### **Vacancy: Ulster Regional Performance Coach**

The Irish Athletic Boxing Association (IABA) is wishing to recruit a Regional Performance Coach, with the successful candidate to work in the Ulster High Performance Unit in Jordanstown, Belfast. Boxing is Ireland's most successful Olympic sport with a rich history of medal winning performances across multiple Games. Northern Ireland (NI) has produced some of the countries most talented boxers and Ulster Boxing contributes significantly to Team NI and Commonwealth Games success.

The Ulster program is an important part of the overall IABA approach to high performance development and sustainable world class performances on an international stage. This is a great opportunity for a suitably qualified and motivated coach to make a difference in both a local setting and to the National program.

This exciting role will require a strong technical and tactical knowledge of Boxing, high level planning and communication skills, proficient computer literacy, a good understanding of athlete development and a proven commitment to the development of high performance Boxing.

#### Duties and Responsibilities:

To assist in the design of relevant training programs within the Ulster High-Performance Unit. To be present when requested in a coaching capacity at all levels of squad training, training camps, sparring camps and international competitions, at home and abroad.

1. Assist and contribute to Ulster High Performance Unit (HPU) in directing, monitoring and evaluating the impact of training and competition programs and services to athletes.
2. Coach and prepare athletes for a range of competitions throughout the year and participate in training camps as agreed with Ulster High Performance Lead.
3. Along with other coaches, plan, prepare and deliver coaching sessions.
4. Work harmoniously with staff members of the IABA, Volunteers, Club Coaches, Sport Northern Ireland (SNI) and the Sport Institute of Northern Ireland (SINI) on all aspects of the performance program.
5. Alongside relevant performance colleagues, work collaboratively within a multi-disciplinary team in relation to the regional and national teams.
6. Embrace both full time and part time athletes into the HP Programme as appropriate for athletes at different developmental stages.
7. In consultation with the Head Coach and SINI sport science and sports medicine service providers, design, develop and implement periodised training programmes for boxers of all levels within the HPU.
8. To monitor, in partnership with SINI key service providers, the progress of individual boxers towards their goals and targets.
9. To assist in managing the training programs for the various strands of competition within Ulster HPU.
10. To input into Talent Identification and Athlete Development Pathways as required.
11. To contribute to the development and implementation of the National and Regional HP Strategy.



12. Maintain an accurate register of athlete progress and provide accurate reporting on each athlete as requested by the Performance Lead.
13. Provide monthly progress reports on both competition and training camps as required.
14. To develop and deliver session plans and maintain a record of the plans delivered.
15. Provide cover where appropriate or necessary for HP coaching colleagues and Head Coach on a needs basis.
16. Assist with the development of club coaches with seminars, training and mentoring.
17. When and if required to lead on activities and initiatives of the programme as directed by the Performance Director, Performance Coordinator and or Head Coach.

#### General

- To attend Ulster Boxing Council and IABA HPU staff meetings as required
- To keep abreast of current and emerging trends and developments within the sector

This job description is not intended to be exhaustive and the post holder will also be required to undertake any other reasonable duties as required by the Performance Lead or Performance Director\*

#### Essential Skills and Qualifications

A minimum 1 Star Boxing coaching qualification; a higher grade is desirable.

Previous experience coaching elite senior high performance boxers.

Previous experience coaching talented Elite, Youth and Junior athletes in an High Performance boxing setting.

Competent in use of Microsoft office.

Advance planning and good administrative skills.

Competent English language skills.

#### Desirable Skills and Qualifications

2 Star or 3 Star coaching qualification.

Previous experience in performance and pathway planning.

Previous experience in a coaching leadership role in a HP boxing environment.

#### Salary Range:

£30-£35k, but subject to qualifications and experience.

#### Contract Duration

Initial 2 Year contact with the possibility of extension. A six-month period of probation will apply.

#### Hours of Work

The successful candidate is expected to work 40 hours per week. However, given the nature of the position, a flexible working arrangement is necessary. Such arrangements will be discussed and



approved with the line manager. These arrangements will also be reviewed by the line manager on a quarterly basis.

The employee will not normally receive any additional payment for hours worked in excess of 40 hours per week, but may be permitted to take time off in lieu of such excess hours worked, if agreed with the line manager.

#### Annual Leave

The association's leave year runs from January 1<sup>st</sup> to December 31<sup>st</sup>. The employee will be entitled to 21 days leave per annum plus 10 statutory bank holidays. Excess hours can be taken during a holiday period, after agreement with your line manager.

The employee is required to retain a minimum of 3 days leave to cover the Association's Christmas shutdown period.

#### Role Locations:

Ulster High Performance, Ulster University, Jordanstown, Newtownabbey, BT37 0QB with some training camp involved with the National High Performance in Dublin, with domestic and overseas travel.

#### Application Process

Interested persons are invited to submit the following by email to [hr@iaba.ie](mailto:hr@iaba.ie):

- CV including 2 referees
- Cover letter outlining how they meet the essential skills and qualifications by providing examples of how they have previously fulfilled the duties and responsibilities of this type of role

**Application closing date: 5.00pm 30<sup>th</sup> June 2023**

**Shortlisting: 10<sup>th</sup> – 14<sup>th</sup> July 2023**

**Anticipated Interview Dates: 27<sup>th</sup> - 29<sup>th</sup> July 2023**

Please note that interviews will address the essential skills of the role, core competencies and a practical element involving performance planning and assessment of delivery.

The Irish Athletic Boxing Association (IABA) is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment. The post holder is required to undergo Safeguarding Training, to be agreed with the Head of Safeguarding. The successful candidate will be required to complete the necessary AccessNI checks prior to appointment.

The Irish Athletic Boxing Association is an equal opportunities employer